

Pain Educator

Role Description

About Pain Concern:

Pain Concern is a charity providing information and support to people with pain and those who care for them, whether family, friends or healthcare professionals. Visit our [website](#) to find out more about what we do, including our [Airing Pain](#) radio programme, [Pain Matters](#) magazine, information helpline, community pain education sessions and our research and campaigning work.

All pain is unpleasant, but for the 7.8 million people in the UK living with long-term pain it is a part of everyday life. It diminishes quality of life more than any other condition, leading often to loss of work, depression and disability. Anyone at any age can develop persistent pain and you will very probably know somebody affected. Although there is usually no cure, people who receive the appropriate treatment, information and support can manage their condition effectively with life-changing results

Role Purpose:

This non-clinical role supports our aim in delivering community Pain Education and providing information to help people in the self-management of their chronic pain.

Successful candidates will deliver a 2-hour online/in person Pain Education session to anyone who has had pain for 12 weeks or more, their family and wider social world.

Successful candidates will work in pairs and are required for 3 hours per Pain Education session to allow time to prepare, complete administration tasks and collate service user feedback.

Our organisation is committed to safe recruitment in line with the relevant legislation and guidance. Due to the nature of the role, successful applicants will be required to undertake a PVG check and will successfully complete Safeguarding, PREVENT Duty and Trauma online training. The cost of a PVG will be covered by Pain Concern.

What you would be doing:

- Attend training to deliver Pain Education sessions with materials developed by the NHS.
- Adhere to Pain Concern's policies including Safeguarding.
- Represent Pain Concern in professional manner
- Encourage peer to peer support and interaction.
- Signpost to NHS and Pain Concern's suite of resources.

- Liaise between the administrator and Pain Concern on the ongoing running of the classes.
- Collect and provide service-user feedback to Pain Concern.
- Participate in on-going training and development.
- Attend regular supervision sessions.
- Complete any administrative tasks.

Is this role right for me:

We are looking for an individual who possesses some **or all** of the below experiences, skills and qualities.

- Pain Management Programme graduate / lived personal experience
- Experience of implementing pain management strategies
- Excellent verbal communication skills
- Experience of using Zoom and Microsoft Teams, and administration relating to these;
- Excellent planning, coordination, organisational and time management skills;
- A flexible team player
- Previous experience of coaching, facilitating and/or peer support would be advantageous but not essential.
- Willingness to share personal experiences in an appropriate way and maintain clear boundaries
- A stable internet connection.
- A working understanding of IT and Microsoft office
- A positive attitude, enthusiastic, patient and approachable.

Availability and location:

Zero-hour contract

Most sessions will be in the afternoon, advance notice will be given.

Rate of pay £12 per hour

Location:

Remote working from your own location

Benefits to you:

Support from a dedicated line manager

Access to an Employee Assistance programme

Regular supervision sessions to support you in your role.

You will accrue paid annual leave for every hour worked.

How do I apply?

Download and complete an application form our website at

<https://painconcern.org.uk/pain-educator-vacancy>



For more information, please contact hr@painconcern.org.uk