

Outreach Volunteer

Role Description

About Pain Concern:

Pain Concern is a charity providing information and support to people with pain and those who care for them, whether family, friends or healthcare professionals. Visit our [website](#) to find out more about what we do, including our [Airing Pain](#) radio programme, [Pain Matters](#) magazine, information helpline, community pain education sessions and our research and campaigning work.

All pain is unpleasant, but for the 7.8 million people in the UK living with long-term pain it is a part of everyday life. It diminishes quality of life more than any other condition, leading often to loss of work, depression and disability. Anyone at any age can develop persistent pain and you will very probably know somebody affected. Although there is usually no cure, people who receive the appropriate treatment, information and support can manage their condition effectively with life-changing results

Role Purpose:

This non-clinical role supports our aim in delivering community Pain Education and providing information to help people in the self-management of their chronic pain.

We are looking for an enthusiastic individual to raise awareness, support and coordinate our Community Pain Education sessions across Grampian.

Our organisation is committed to safe recruitment in line with the relevant legislation and guidance. Due to the nature of the role, successful applicants will be required to undertake a PVG check and will successfully complete Safeguarding, PREVENT Duty and Trauma online training. The cost of a PVG will be covered by Pain Concern.

What you would be doing:

- Assist Educators during Pain Education sessions
- Help with program promotion and outreach
- Distribute educational materials and resources
- Participate in community events and fairs
- Pro-actively build relationships with local schools, libraries, and health care professionals in the community.
- Identify potential partners/sponsors for Pain Education sessions
- Adhere to Pain Concern's policies including Safeguarding.
- Represent Pain Concern in professional manner
- Signpost to NHS and Pain Concern's suite of resources.
- Assist with data collection and evaluation

- Attend training sessions and supervision sessions
- Complete any administrative tasks.

Is this role right for me:

We are looking for an individual who possesses some **or all** of the below experiences, skills and qualities.

- Pain Management Programme graduate / lived personal experience/Interest in chronic pain and the work we do
- Excellent interpersonal skills and the ability to communicate effectively
- Excellent planning, coordination, organisational and time management skills;
- A flexible team player
- Approachable and able to build effective relationships with the wider community
- Experience of using Microsoft Teams, and administration relating to this
- A working understanding of IT and Microsoft office
- A positive attitude, enthusiastic, patient with a professional approach to work.
- Good local knowledge
- Flexibility

Availability and location:

Across Grampian
2-3hrs per week

Location:

Volunteering may take place in our office, at your own location and there will be the occasional requirement to travel for beneficiary meetings and training across Grampian. Travel expenses covered in line with our expenses policy.

Benefits to you:

- Support from a dedicated Volunteer Manager
- Regular supervision sessions to support you in your role.
Meet new people
- Build on your employability skills
- Training and a dedicated volunteer line manager looking after you
- A job reference after 6 months of volunteering.
- Satisfaction of giving a valuable service to the community
- On-site car parking

How do I apply?

Download and complete an application form our website at [Volunteer for Pain Concern | Pain Concern](#)

For more information, please contact hr@painconcern.org.uk

