# Equal Opportunities Monitoring Form

Pain Concern is an equal opportunities charity. Our Equal Opportunities Policy states we will not unlawfully discriminate because of age, disability, gender reassignment, marriage and civil partnership, pregnancy and maternity, race (including colour, nationality, and ethnic or national origin), religion or belief, sex (gender) and sexual orientation.

 We would be grateful if you could complete this form so that we can measure the impact of this policy, and continue to develop relevant HR policies.

The information on this page is confidential and will be used for statistical monitoring purposes only and will not be available for persons short-listing or interviewing.

## Gender

Which of the following best describes your gender?  
Please tick one, or describe yourself.

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Male |  | Female | |  | Prefer not to say |  |
| Other (please describe): | | |  | | | |

## 2. Sexual Orientation

Which of the following best describes your sexual orientation?  
Please tick one, or describe yourself.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Bi |  | Gay or Lesbian |  | Heterosexual |  |
| Straight |  | Prefer not to say | | |  |
| Other (please describe): | |  | | | |

## 3. Gender Identity

Do you identify as Trans?  
Please tick one, or describe yourself.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Yes |  | No | | Prefer not to say |  |
| Other (please describe): | | |  | | |

## 4. Disability

Do you consider yourself to be disabled?   
Please underline or circle.

Under the Disability Discrimination Act, a disability is defined as ‘a physical or mental impairment that has a substantial and long-term adverse impact on the ability to carry out normal day-to-day activities’

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Yes |  | No |  | Prefer not to say |  |

## 5. Ethnicity

What is your ethnic group?  
Please tick one.

|  |  |  |  |
| --- | --- | --- | --- |
| Arab |  | Asian or Asian British: Indian |  |
| Asian or Asian British: Pakistani |  | Asian or Asian British: Bangladeshi |  |
| Asian or Asian British: Chinese |  | Asian or Asian British: Other |  |
| Black or Black British: African |  | Black or Black British: Caribbean |  |
| Cont’d… |  |  |  |
|  |  |  |  |
| Black or Black British: Other |  | Mixed: White and Black African |  |
| Mixed: White and Black Caribbean |  | Mixed: White and Asian |  |
| White: British |  | White: Irish |  |
| White: Other |  | Prefer not to say |  |
| If any other ethnic group or you prefer your own definition please specify: | |  | |

## 6. Religion

What is your religion?  
Please tick one.

|  |  |  |  |
| --- | --- | --- | --- |
| Buddhist |  | Christian |  |
| Hindu |  | Jewish |  |
| Muslim |  | Sikh |  |
| Non-religious |  | Prefer not to say |  |
| Other or self-describe: | |  | |

## 7. Age

Which age range do you fit into?  
Please tick one.

|  |  |  |  |
| --- | --- | --- | --- |
| 18-24 |  | 25-34 |  |
| 35-44 |  | 45-54 |  |
| 55-64 |  | 65+ |  |
| Prefer not to say |  |  | |